

Intervention Name: Enhancing Adoptive Parenting

1. **Brief Description of the Intervention:** a randomized controlled trial of a tailored adoptive parenting intervention
2. **Please select the primary categories that relate to the intervention:** (Please highlight applicable categories)
 - Academic performance/functioning and achievement
 - Adult behavior problems (violence/aggression)
 - Adult mental health
 - Alcohol and drug use
 - Assessment and Measurement Instruments for Target Populations
 - Attachment Interventions
 - Basic Needs
 - Behavioral Management and Treatment
 - Child Mental Health – externalizing
 - Child Mental Health - internalizing
 - Child Mentoring Programs
 - Child Supports and community connections
 - Child Welfare Practice and Service Models
 - Crisis Intervention
 - Delinquency and Criminal Behavior
 - Educational Support Interventions
 - Family Functioning (communication, bonding, interactions and relationships)
 - Family Support and Placement Stabilization Programs
 - Independent living and career readiness
 - Marriage and Relationship Support
 - Parental Mentoring Programs
 - Parent Engagement
 - Parental Supports and community connections
 - Parenting Skills - Training and Enhancement
 - Peer associations/relationships
 - Resource Parent Training Programs
 - Sexual Behavior Problems in Adolescents and Children
 - Social/emotional functioning (social competence/prosocial behaviors, conflict management, problem solving, coping-stress management, decision making and self -esteem)
 - Trauma Treatment

3. Describe the intervention's current use with one or both of the QIC-AG's target population:

- Children with challenging mental health, emotional or behavioral issues who are awaiting an adoptive or guardianship placement as well as children in an identified adoptive or guardianship home but the placement has not resulted in finalization for a significant period of time.
- Children and families who have already finalized the adoption or guardianship. This group includes children who have obtained permanency through private guardianship and domestic private or international adoptions. X
- routinely available as a home based or agency based intervention via the Post Adoption Centre London, UK

4. If currently not being used with one or both of the QIC-AG's target population, describe how the intervention could be adapted to respond to the needs of the QIC-AG's target population:

- Children with challenging mental health, emotional or behavioral issues who are awaiting an adoptive or guardianship placement as well as children in an identified adoptive or guardianship home but the placement has not resulted in finalization for a significant period of time.
- Children and families who have already finalized the adoption or guardianship. This group includes children who have obtained permanency through private guardianship and domestic private or international adoptions.

5. Intervention goals/outcomes:

To enhance the parenting knowledge and skills of adoptive parents by means of a structured, manualized parenting programme and to reduce the level of challenging problems in the children.

Parenting skills and confidence were enhanced significantly in the experimental group over the non-intervention control group

No significant differences on standard mental health scales for the children during the relatively brief intervention period.

6. Please name the sites and contact information where the intervention has been replicated/implemented:

Maggie Rogers, Post Adoption Centre, Torriano Mews, London, England. Email: maggie@pac-uk.org

7. Describe the evaluation or research that has been collected on this intervention:

A full length book and academic papers have been published on the results of the trial

Please provide contact Information Below:

Contact Person/Purveyor: Prof Alan Rushton
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Contact Email: alan.rushton4@btinternet.com
Contact Phone: 020 8789 9498
Intervention Web Site/URL: