

Intervention Name: Family-to-Family Education Program

1. Brief Description of the Intervention:

2. Please select the primary categories that relate to the intervention: (Please highlight applicable categories)

- Academic performance/functioning and achievement
- Adult behavior problems (violence/aggression)
- Adult mental health
- Alcohol and drug use
- Assessment and Measurement Instruments for Target Populations
- Attachment Interventions
- Basic Needs
- Behavioral Management and Treatment
- Child Mental Health – externalizing
- Child Mental Health - internalizing
- Child Mentoring Programs
- Child Supports and community connections
- Child Welfare Practice and Service Models
- Crisis Intervention
- Delinquency and Criminal Behavior
- Educational Support Interventions
- Family Functioning (communication, bonding, interactions and relationships)
- Family Support and Placement Stabilization Programs
- Independent living and career readiness
- Marriage and Relationship Support
- Parental Mentoring Programs
- Parent Engagement
- Parental Supports and community connections
- Parenting Skills - Training and Enhancement
- Peer associations/relationships
- Resource Parent Training Programs
- Sexual Behavior Problems in Adolescents and Children
- Social/emotional functioning (social competence/prosocial behaviors, conflict management, problem solving, coping-stress management, decision making and self -esteem)
- Trauma Treatment

3. Describe the intervention's current use with one or both of the QIC-AG's target population:

- Children with challenging mental health, emotional or behavioral issues who are awaiting an adoptive or guardianship placement as well as children in an identified adoptive or guardianship home but the placement has not resulted in finalization for a significant period of time.
- Children and families who have already finalized the adoption or guardianship. This group includes children who have obtained permanency through private guardianship and domestic private or international adoptions.

The NAMI Family-to-Family program is for family members of adults with mental illness.

NAMI Has a program called NAMI Basics that is designed for parents and other family caregivers of children and adolescents with mental health conditions.

4. If currently not being used with one or both of the QIC-AG's target population, describe how the intervention could be adapted to respond to the needs of the QIC-AG's target population:

- Children with challenging mental health, emotional or behavioral issues who are awaiting an adoptive or guardianship placement as well as children in an identified adoptive or guardianship home but the placement has not resulted in finalization for a significant period of time.
- Children and families who have already finalized the adoption or guardianship. This group includes children who have obtained permanency through private guardianship and domestic private or international adoptions.

NAMI Family-to-Family is not appropriate for this population, but NAMI Basics would be. NAMI Basics is an adaptation of the F2F program but modified to meet the unique needs of youth: schools (IEP, 504) parenting, siblings, etc.

5. Intervention goals/outcomes:

The goals of the NAMI Basics program include:

- To provide the fundamental information needed to be effective as a caregiver
- To help caregivers cope with the traumatic impact that mental illness has on the child living with the illness and the entire family.
- To provide tools for the caregiver to use even after completing the program that will assist in making the best decisions possible for the care of the child.
- To help the caregiver take the best care possible of the entire family.

6. Please name the sites and contact information where the intervention has been replicated/ implemented:

NAMI Basics is currently available in 41 states in the US. The contact person for the program is the National Director, Dr. Teri Brister tbrister@nami.org.

7. Describe the evaluation or research that has been collected on this intervention:

There have been 2 research studies conducted on the NAMI Basics program, one of which was published in the Journal of Child and Family Studies. Copies of both studies are attached.

Please provide contact information below:

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