

Intervention Name: Multidimensional Treatment Foster Care

1. Brief Description of the Intervention:

2. Please select the primary categories that relate to the intervention: (Please highlight applicable categories)

- Academic performance/functioning and achievement
- Adult behavior problems (violence/aggression)
- Adult mental health
- Alcohol and drug use
- Assessment and Measurement Instruments for Target Populations
- Attachment Interventions
- Basic Needs
- Behavioral Management and Treatment
- Child Mental Health – externalizing
- Child Mental Health - internalizing
- Child Mentoring Programs
- Child Supports and community connections
- Child Welfare Practice and Service Models
- Crisis Intervention
- Delinquency and Criminal Behavior
- Educational Support Interventions
- Family Functioning (communication, bonding, interactions and relationships)
- Family Support and Placement Stabilization Programs
- Independent living and career readiness
- Marriage and Relationship Support
- Parental Mentoring Programs
- Parent Engagement
- Parental Supports and community connections
- Parenting Skills - Training and Enhancement
- Peer associations/relationships
- Resource Parent Training Programs
- Sexual Behavior Problems in Adolescents and Children
- Social/emotional functioning (social competence/prosocial behaviors, conflict management, problem solving, coping-stress management, decision making and self -esteem)
- Trauma Treatment

3. Describe the intervention's current use with one or both of the QIC-AG's target population:

- Children with challenging mental health, emotional or behavioral issues who are awaiting an adoptive or guardianship placement as well as children in an identified adoptive or guardianship home but the placement has not resulted in finalization for a significant period of time.
- Children and families who have already finalized the adoption or guardianship. This group includes children who have obtained permanency through private guardianship and domestic private or international adoptions.

No MTFC programs currently serve children specifically children awaiting adoptive placements, but there have been programs that included these categories in their service population.

4. If currently not being used with one or both of the QIC-AG's target population, describe how the intervention could be adapted to respond to the needs of the QIC-AG's target population:

- Children with challenging mental health, emotional or behavioral issues who are awaiting an adoptive or guardianship placement as well as children in an identified adoptive or guardianship home but the placement has not resulted in finalization for a significant period of time.
- Children and families who have already finalized the adoption or guardianship. This group includes children who have obtained permanency through private guardianship and domestic private or international adoptions.

No specific adaptations are needed because the model serves any children with mental health and behavioral challenges of any kind.

5. Intervention goals/outcomes:

Increased placement stability, reduced delinquency, reduced placement disruptions, improvement in school attendance, reduction in antisocial behavior, reduction in association with antisocial peers

6. Please name the sites and contact information where the intervention has been replicated/ implemented:

Please see the listing on our website, www.mtfc.com, under 'sites'

7. Describe the evaluation or research that has been collected on this intervention:

Nine randomized controlled trials:

Children and adolescents leaving a state psychiatric hospital

Boys referred from juvenile justice for chronic delinquency

Girls referred from juvenile justice with severe mental health problems and abuse histories

Children identified as 'challenging' by child welfare case workers

Children receiving a next child welfare placement

6th grade girls in foster care

Young children in foster care

Effect of MTFC on placement disruptions (Sweden)

For a complete list of publications please see our website, www.mtfc.com

Please provide contact information Below:

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Intervention Web Site/URL: www.mtfc.com

Please be aware that the program name will soon be changing from Multidimensional Treatment Foster Care (MTFC) to Treatment Foster Care Oregon (TFCO). For more information on this change please contact Gerard Bouwman